

# Beauty by sandra spa

## After Care

After Care is very important for producing a beautiful and lasting result.

**Clean:** clean hand and apply coconut oil. do not wet ur eyebrow or any procedure .

**Balm:** Apply aftercare balm with freshly washed fingers or Q-tips. If the balm is too stiff to sue simply warm it up in a glass of warm water or on your finder. Use the balm very sparingly. Too little is better than too much. Blot off excess with a clean tissue. Never touch the procedure area without washing your hands immediately before

**Crust:** Should it scab or be crusty, do not pick or peel off. Allow it to naturally flake off.

**Makeup** Do not use makeup to any procedure or near near the tattooed area for at least 5 to 7 days.

**Sun block:** Sun block should be used after the area has healed to protect from sun fading. Do not be exposed to a lot of sun until healed. Fibro blush plasma take 6 to 7 days the dots to fell of.do not take it off.it will scrars.2 to 5 month the pick dots unless do the cryotherapy.microneedling 2 day to 4 redness no sun for up to 6 month to any skin care procedure.any 2 sec of sun permanent pigmentation results.cleints with olive skin might get pigmentation results.

### What is Normal

**Swelling:** Mild swelling, itching, light scabbing light bruising and dry tightness can be normal. Ice packs are a nice relief and aftercare balm.

**Appearance:** Too dark/light or slightly can occur. 2 -7 days the darkness will fade and once swelling dissipates unevenness usually disappears. If they are not to your satisfaction, the the touch up is very important and changes can be made once healed.

**Touch up:** A touch up appointment is heavily advised within 30 days of procedure. If pigment still fades, then 6 month or 12 months procedure should be done again.

**Restrictions:** When showering make sure the water falls back and not into your eyebrows. Avoid sweat or going into sauna. Avoid any close contact with pets or animals. Don't play or touch area worked on since it can lead to infection.

**Symptoms:** Small irritations or discomfort the first seven days is normal. If you experience any of the following, rashes, redness, swelling, bruising, pus, or fevers after first seven days it can be signs of infectection.signs and symptoms of infection,including ,but not limited to,redness,swelling,tenderness of the procedure site,red streaks going from th procedure site towards the heart, elevated body temperature, or purulent drainage from the procudure site.signs and symptoms that indicate the need to seek medical care.